

MENTORING

Matching pairs with mentors

What we are trying to achieve

- Self improvement and improving your partner is difficult
- In no other sport would you be left on your own to improve
- We want to try the idea of a mentor as the bridge version of a personal coach

What we expect of the mentor

- Feed in experience that will help guide the mentees
- Help the pair understand where to focus on improving – will involve some analysis of the pair's game
- Be a motivator for joint development of the pair
- Support the pair as they learn

Where do we find mentors

- Need for experience limits the choice
- Not every person/player would make a good mentor.
- Not every mentor would work well with every pair
- We need mutual respect for this to work
- Mentees should be grateful

Participants

- Mentors are players who might play in Camrose or similar standard events (results from Premier league a guide)
- Pairs mentored those just below that level
- One regular pair per mentor to ensure enough to go around

Preferences

- Pairs can request named individual but bear in mind others may request same person.
- Should also indicate generic preferences that will help with matching
- Most prospective mentors are in the South and male, so do not ask for impossible!

Finally

- Mentors are unpaid volunteers so will have a limited amount of time to help
- Pairs and mentors should discuss how best to make use of resources available.
- We are feeling our way with new this concept!
- It might not be perfect first time – but if you all help it will get better.